

Getting A Baby Pillow For Your Baby

[Baby pillow](#)s were basically introduced to avoid the development of distorted head shapes in babies. The demand of baby pillows increased in the market when different medical authorities said that keeping baby at its back reduces the risk of sudden infant death syndrome. After that declaration, the cases of flattened heads in babies were also increased. Most of the parents are aware of the importance of baby pillows for their babies. Importance of baby pillows can be analyzed from the fact that these pillows are widely used in children hospitals. Pillows in hospitals are also aimed to encourage the parents to use them at homes as well.

Baby pillows are required for babies to provide them comfort and to avoid flat head syndrome. Flat head syndrome is also known as Plagiocephaly and it is caused because of improper positioning of baby head when it is sleeping. When you will place your baby on a pillow his ears should be covered in the pillow and this avoids ear infections in them. Foam that is used as fillings of baby pillows give evenly pressure to all points of the head.

At what age of baby pillows should be used? In fact medical research suggests that baby pillows for infants can be damaging. Hence, pillows should be used for toddlers who are above than two years. When your baby is able enough to use a pillow then select a comfortable and well-designed pillow. While you will be selecting pillow for your baby you should be aware of the difference between a baby pillow and a child pillow.

The selection of an appropriate size and thickness of pillow is very important. High quality baby pillows are washable and tested for allergy. Tight fitting sheets are perfect for baby pillows. It is better to remove extra strings and ribbons from the pillow to increase the safety of your pillow. Baby pillows are available in various varieties and clothes because various companies are offering well-made baby pillows. A suitable baby pillow is made in consideration to the safety and comfort of the baby.

Although it is appropriate for your baby to sleep at its back but still you should also lay them on their tummies when awake. Average sized pillows should not be used for babies because they are firmer. For finding the perfect pillow you should go online because you can find reasonable prices on internet.

This shows that there are various benefits of using a baby pillow for toddler. Therefore, to increase the safety of your baby go for a perfect baby pillow available in the market. Similar Articles [Body pillow](#) . [Keepsake baby pillow](#) . [" title="Find more about Baby pillows">Nursing pillow](#) .

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